



Calgary John Howard Society

Child and Youth Empowerment Strategy



Calgary John Howard Society - Main Office

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"An Informed Community Active in Preventing Crime"

What is CYES?

At risk children and youth may display problematic behaviours which can lead to involvement with the Youth Criminal Justice System. CYES offers an age appropriate workshop or a one on one session to address these behaviours.

Young people are grouped according to age as follows:

- 9-11
- 12-14
- 15-17

Who can participate?

Any young person who is struggling with problem solving and the result of his/her behaviour is impacting their ability to achieve personal success at school and in their relationships

The young person is engaging in activities that put him/her at risk of offending

The young person is involved with the Youth Criminal Justice System

Workshops & Individual Sessions:

The young person will participate in a 1 day workshop or one-on-one session or both as determined by the Coordinator's intake and assessment.

The workshop will help young people to develop skills in the following areas:

- Affirmation
- Communication
- Cooperation
- Empathy
- Conflict Resolution
- Problem Solving

Individual sessions:

The session will help young people to explore the emotional, social, financial and physical impact of their behaviours and attitudes on themselves and others before they become more habitual and long term .

What are the benefits for children and youth who participate in the program?

- Increased self- perception
- Skills to problem solve
- Increased awareness of how their behaviours impact themselves, their families, and their communities
- Skills to resolve conflict
- Enhanced communication skills
- Emotional, practical and educational support
- Follow up and referrals

Referrals are accepted from:

- Schools
- Police and Youth Justice Committees
- Child and Family Centers
- Probation
- Parents and family members
- Clients may also self refer

Contact Us:

For more information,
or to obtain a referral form, please contact:
Linda Braid, Program Coordinator
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Phone: 403-716-7300

Find Us Here ↓



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