



Calgary  
John Howard  
Society

Youth  
Drug  
Impact  
Project

*Calgary John Howard Society*

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*"An Informed Community Active in Preventing Crime"*

# Youth Drug Impact Project

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## **WHAT IS YDIP?**

A drug and crime prevention project for youth who have begun using drugs and may have demonstrated behaviours which could involve them in the criminal justice system. The objective of YDIP is to help youth 13-18 years old understand the relationship between substance use and misuse and the possible connection to criminal involvement.

## **HOW WILL YOUTH LEARN?**

- Through interactive workshops and discussions with facilitators and presenters that address the impacts of drug use, the impacts of crime and how the two interact.
- Presenters may have histories of addiction and/or criminal justice system involvement
- Facilitators will conduct workshops that will look at impacts on self and major life areas
- Other workshop topics will look at communication styles and attitudes, values, beliefs and behaviours.

## **HOW TO PARTICIPATE:**

- Sessions are held Tuesdays and Thursdays for 3 consecutive weeks for a total of 6 sessions. Each session is for 2.5 hours.
- A new series of sessions is held each month.
- If you are between 13 – 18 years call to set up an intake meeting
- Referrals come from self, service providers, families, schools, probation, court system etc.

## **HOW WILL YOUTH BENEFIT?**

- Increased understanding of how drug use and/or criminal behaviour impacts various major life areas
- Increased ability by youth to develop healthier life skills and coping strategies
- Increased awareness of risky behaviour
- Understanding of protective factors
- Increased self awareness of values, beliefs and communication styles.
- Understanding of benefits of setting goals
- To assist youth with making positive choices, upon completion they will receive recreation passes or gift cards and a list of some of the resources and activities that are available in Calgary.

# Contact Us:

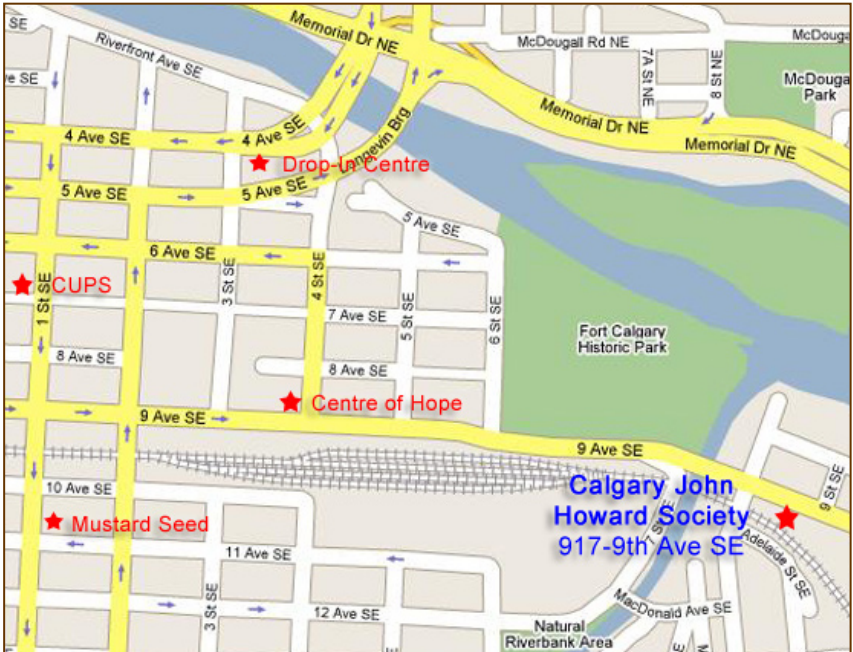
For more information please contact:

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**Find Us Here ↓**



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